

School Nurse Asthma Project Application

Section 1: Contact Information

Name	
Nursing Credentials	
Email Address	
Work Address	
Office Phone Number	
Cell Phone Number	
School District	
Name of school(s) you work in	

Section 2: Background Information:

1. Approximately how many students do you provide nursing services for?
2. How many total hours per week do you provide nursing services in the school setting?
3. Briefly describe the work you do related to asthma.
4. Briefly describe asthma-related needs among students you provide nursing services for (including the approximate number of students with asthma you serve).

Section 3: Choose a Project (project descriptions on pages 5-6)

I will provide the following service for \$500:

- ☐ Provide Asthma School Staff Training
- ☐ Assess Asthma-Friendly Policies and Procedures
- ☐ Teach an Asthma Self-Management Course
- ☐ Send Referrals to the Asthma Home Visiting Program
- ☐ Develop and/or implement a Stock Albuterol Plan
- ☐ Design Your Own Project: _____

Section 4: School Administrator Approval Form

Meet with your school administrator to 1) Inform them of the project you have chosen, 2) Determine whether payment will go to the school or school nurse, and 3) Have them sign the form (see page 3). This form must be submitted with the application. Applications won't be reviewed until this form is on file.

Section 5: Signature

I certify that the information presented herein is accurate. If I am chosen to receive the award, I will complete the project and return the outcomes report to the Utah Asthma Program by May 8, 2026. I acknowledge that the individual or entity being paid will have to sign up as a vendor with the State of Utah.

Signature _____ Date _____

To complete your application, submit this 2-page application form and the School Administrator Approval Form to Jesse Joseph (jljoseph@utah.gov). The application process is no longer first come first serve, the first 10 qualified applications received will be funded.

School Administrator Approval Form

The School Nurse Asthma Project program provides money for school nurses in the state of Utah. To be eligible, the school nurse must be a Registered Nurse (RN), Licensed Practical Nurse (LPN), or Nurse Practitioner (NP) who is employed or contracted by a school or school district. Please select one asthma related project that will be completed:

- ☐ Provide Asthma School Staff Training
- ☐ Assess Asthma-Friendly Policies and Procedures
- ☐ Teach an Asthma Self-Management Course
- ☐ Send Referrals for the Asthma Home Visiting Program
- ☐ Develop and/or implement a Stock Albuterol Plan
- ☐ Design Your Own Project: _____

A one-time \$500 payment will be made by check upon completion and reporting of the project. Checks can be made payable to the school or school nurse. I elect to have the \$500 paid to (choose one):

- ☐ School District or School

Name of school: _____

or

- ☐ School Nurse

Name of school nurse: _____

To Be Signed By School Administrator:

I acknowledge that _____ (name of school nurse) has applied for this asthma project and give approval for him/her to complete the project listed above. I also authorize payment to be made as listed above.

Name (print)_____ Title_____

Signature_____

School Name_____

Date __ / __ / _____

Project Descriptions:

➤ Option 1: Provide Asthma School Staff Training

Using educational materials to provide asthma education and training to school staff members or coaches. The Utah Asthma Program may share an older PowerPoint presentation upon request, and it can be adapted as needed.

Minimum requirements: To complete this project, asthma training must be provided to at least 75% of school staff in at least 2 school.

➤ Option 2: Assess Asthma-Friendly Policies and Procedures

Assess school policies and practices related to asthma in at least one school. School nurses will present their findings to school administrators and give recommendations on how policies can be changed to improve asthma care.

Minimum requirements: In order to complete this project, at least one school must be assessed for asthma-friendly policies and findings presented to the administration.

➤ Option 3: Teach an Asthma Self-Management Course

School nurses will organize and teach an asthma self-management course for students with asthma. Organizing the class entails: 1) Identifying students with asthma and getting permission to enroll students in the class, 2) Working with school administrators to schedule a date, time, and place to hold the class, 3) Teaching the course, and 4) Collecting outcome data forms for submission to the Utah Asthma Program. Nurses may choose their preferred curriculum.

Minimum requirements: To complete this project, asthma self-management education must be provided to at least five students.

➤ Option 4: Send Referrals to the Asthma Home Visiting Program

This option is currently only available in Utah and Salt Lake Counties. The [Utah Asthma Home Visiting Program](#) is conducted by local health department staff and

consists of three in-home visits to provide asthma education and an in-home asthma trigger environmental assessment. For this project, school nurses will review school records and identify students with an asthma diagnosis. The nurse will assess these students' asthma control using the Asthma Control Test. For students with uncontrolled asthma, the nurse will contact the student's guardian to explain the home visiting program and ask if they are interested in the program.

Minimum requirements: To complete this project, asthma control assessments and referrals must be performed with at least five students. Note: referred students are not required to enroll in the Utah Asthma Home Visiting Program.

➤ Option 5: Develop a Stock Albuterol Plan

School nurses will develop a plan to store and administer stock albuterol at school.

Minimum requirements: In order to complete this project, school nurses must complete a stock albuterol worksheet created by the Utah Asthma Program.

➤ Option 6: Design Your Own Project

Create a self-designed project related to asthma, review the project with Jesse Joseph (jljoseph@utah.gov) for approval, and complete an outcome report related to the project chosen.

Minimum requirements: School nurses will work with Jesse Joseph to determine the minimum requirements for a self-designed project.

Examples of potential projects:

- Use the School Health Index to assess asthma-related policies and practices <https://www.cdc.gov/assessing-improving-school-health/shi/index.html>
- Track student absenteeism due to asthma
- Integrate asthma education into your district's curriculum
- Use EPA's Tools for Schools to create a healthy indoor air quality environment for students with asthma [Indoor Air Quality Tools for Schools | US EPA](#)
- Plan and conduct an event that provides students or parents and students the opportunity to learn about asthma and self-management of asthma.

- Develop and implement a process to connect the school health office and health care providers to obtain needed asthma documentation to support medication administration, asthma self-management education and emergency response for students with asthma.

Follow-Up:

- Present your findings to school staff and/or school administrators; report whether any action steps are taken as the result of your recommendations

Report Results:

- Complete the outcomes report form (provided by the Utah Asthma Program upon award of the grant) and return it to Jesse Joseph by May 8, 2026.

For more information contact: Jesse Joseph, jljoseph@utah.gov